

# - Mourishing the -

MEAL PLANS | FALL 2023 - SPRING 2024 | DINING@USF.EDU



# be well fed

USF only accepts the best, so we can serve the best



#### SIMPLY DELICIOUS

We source fresh, sustainable, local and organic food whenever possible and provide made without gluten, vegan and vegetarian food options every day.



#### **EXPERT LED**

We've got a team of classically trained chefs and an on-site Registered Dietitian dedicated to innovation and well-balanced nutrition.



#### STUDENT FOCUSED

We work with our student and campus partners in developing everything from our **menu** to **special events**, **giveaways**, **contest** and **tastings**.



#### **COMMUNITY PARTNERSHIPS**

Our partnerships and collaborations with **student groups, local farms,** and **community restaurants** bring unique opportunities that go well beyond the dining experience.





#### All-you-care-to-eat

#### Visit our dining halls for the best variety and value.

Use your meal swipes at **The Hub** or **Juniper Dining** in Tampa, or at **The Nest** in St. Pete. Our food ranges from **southern comfort** (mac & cheese) to **international cuisine** (sushi & stir-fry) and **student favorites** (burgers and fries).

#### On the Go

#### If you want it, we've got it!

We host a variety of **national brands** (Chick-fil-A, Moe's and Subway to name a few). **Local Tampa & St. Pete restaurants** are featured at our **Local Restaurant Row** locations.

We also have several markets and cafes with **grab-n-go** sandwiches and salads, coffee, snacks, drinks, household items and anything else you might need.



#### Eat, Study, Hangout

#### Socialize with friends in our community spaces.

Whether you are studying or just hanging out, USF Dining offers locations to connect with your **USF community.** Play pool or giant Jenga after grabbing some sushi in **The Bullpen** in the Marshall Student Center. Relax and study with a smoothie from Flip Kitchen in our lounge areas at **Argos Exchange.** 

#### Culinary Excellence

#### Our chefs are excited to serve you!

Decades of culinary experience with ProChef II Certifications form our chefs, included Sr. Executive Chef Kelly Marshall.



## OPEN ACCESS VIB

#### Get the VIB treatment!

Eat at the dining halls as often as you want and never run out of swipes! The Open Access VIB plan gives you the best cost-per-meal value, 2 Flexi-Bull swipes, Plus Access to Champion's Choice and 8 Guest Meals!



**Unlimited Meal Swipes** 



\$350 Dining Dollars



2 Flexi-Bull Swipes per Day



**8 Guest Meal Swipes** 



Take Food To-Go with Reusable OZZI Container



Use your meal plan at Tampa & St. Pete Campus

\$2,650 Price Per Meal: \$5.64

### OPEN ACCESS



**Unlimited Meal Swipes** 



\$225 Dining Dollars



1 Flexi-Bull Swipe per Day



BONUS VALUE!

8 SWIPES TO Bring Guests at No additional 8 Guest Meal Swipes



Take Food To-Go with Reusable OZZI Container



Use your meal plan at Tampa & St. Pete Campus

**\$2,545**Price Per Meal: \$5.69

ANY



14 Meal Swipes per Week



\$300 Dining Dollars



1 Flexi-Bull Swipe per Day



Take Food To-Go with Reusable OZZI Container



Use your meal plan at Tampa & St. Pete Campus

\$2,350

Price Per Meal: \$8.61

sign up today at usfdining.com



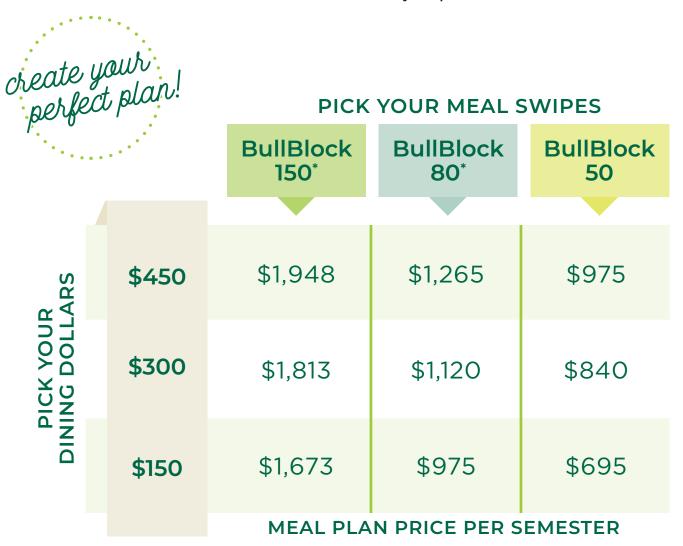
### UPPERCLASSMEN? living OFF CAMPUS? going GREEK?

You've got more options to choose from—from our **Unlimited** or **Weekly Plans**, to any of our **BullBlock Meal Plans** below.

#### **CUSTOMIZE WITH BULLBLOCK!**

BullBlock Plans let you choose the perfect amount of Meal Swipes you'll need for the semester, and the amount of Dining Dollars that you can use at any USF Dining Location!

Mix and match to create your perfect fit!



# all BullBlack plans include:



Meal Swipes per semester to use at your own pace



Dining Dollars valid at any USF Dining location



1 Flexi-Bull Meal Swipe per day



Option to take food to-go with Reusable OZZI Container



Ability to use your meal plan at Tampa & St. Pete Campus







# mare THAN JUST A meal plan



#### Traditions at USF

At USF, you will feel at home with every event. From our yearly **Hub Harvest** and **Juniper Nation** events to our monthly **produce of the month samplings**, **birthday celebrations**, and **our taste around the world culinary creations**, you won't want to miss a single USF Dining tradition!

#### Giving Back

USF Dining, in collaboration with the Center for Student Well-Being, has donated approximately 7,000 pounds of fresh produce and leftover baked goods and produce, from Panera Bread in the Marshall Student Center, since March 2017, to the on-campus Feed-A-Bull food pantry.



# OUR VISION IS TO PORTOR S CYPT CATER TO THE HEARTS OF PEOPLE

#### Local Favorites

Local restaurants—and the people who make them possible—are the cornerstone of our communities. We **partner with**restaurants, food trucks and area chefs to bring you authentic, local favorites and global flavors. Discover the personalities and passion from the neighborhood and beyond at Local Restaurant Row.

You can find Local Restaurant Row at **813 Eats** and **The WELL** in Tampa, and **727 Eats** in St. Pete.



# meal plan FEATURES

#### Meal Swipes

Meal Swipes are used to get into the all-you-care-to-eat dining halls and come with all Meal Plans. Once you have a Meal Plan, your student ID works as your all-access pass. Just swipe in when you go to any dining hall and you're good to go.



#### Dining Dollars

Dining Dollars can be used in any USF Dining retail location, such as Starbucks, Chick-fil-A, & BurgerFi just to name a few. Each purchase made is deducted from your account balance, like a gift card. Dining Dollars can be added anytime throughout the year. Use Dining Dollars to receive discounted door rates at The Hub, Juniper Dining, On Top of the Palms and The Nest at St. Pete.

#### Plus Access

Located across from Campus Rec, Champion's Choice offers **enhanced menu features**, a variety of made-to-order stations, elevated protein and local produce offerings.

Upgrade any plan to our Plus Access option this to use your Meal Swipes for lunch at Champion's Choice. Visit usfdining. com to add Plus Access to your current meal plan.



# FOOD

#### Flexi-Bull Swipes

Use your Flexi-Bull Meal Swipe at Flip Kitchen, Bay Coffee and Tea Company, or Foodlab, in Argos Exchange, Juniper Flip Kitchen in The Corner Market and 727 Eats located on the St. Pete Campus. The Flexi-Bull Meal Swipe includes one entrée and one fountain beverage.

Open Access VIB Members may use 2 Flexi-Swipes per day, all other meal plans may use 1 per day.



#### LOOKING FOR AN ON-CAMPUS JOB?

We hire and invest in our student team members.

Flexible Schedule • Bi-Weekly Pay Free Meals • Growth Opportunities

Scan the QR Code below to see open positions and apply!



### **CONNECT WITH US**







813.974.4499 · DINING@USF.EDU

