

# USF Dining's Isolation Weekly Menu - Tampa



## April 8-May 7 Menu

	LUNCH	DINNER OPTION A	DINNER OPTION B
THURSDAY APR. 8	Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water	Asian Seared Chicken Basmati Rice Fresh Whole Green Beans Baked Mac & Cheese Garden Salad Bottled Water	Grilled BBQ Pork Chops Seasoned Rice Spicy Corn & Tomatoes Baked Mac & Cheese Garden Salad Bottled Water
FRIDAY APR. 9	Turkey & Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water	Grilled Montreal Chicken Brown Rice Garlic Broccoli Baked Mac & Cheese Garden Salad Bottled Water	Homestyle Fish Fillet Baked Potato Wedges Steamed Yellow Squash Baked Mac & Cheese Garden Salad Bottled Water
SATURDAY APR. 10	Ham & Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water	Grilled Chicken Bruschetta Confetti Brown Rice Green Beans Gremolada Baked Mac & Cheese Garden Salad Bottled Water	Chicken Alfredo Meatballs Steamed Vegetables Garlic Bread Garden Salad Bottled Water
SUNDAY APR. 11	Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water	Grilled Kielbasa Herb Roasted Red Potatoes Braised Cabbage Baked Mac & Cheese Garden Salad Bottled Water	Chicken Parmesan Pasta Italian Vegetable Blend Garlic Bread Garden Salad Bottled Water

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MONDAY APR. 12	<p>Turkey &amp; Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Chicken &amp; Veggie Stir-Fry Stir-Fry Vegetables Jasmine Rice Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Grilled Carne Asada Pork Loin Papas Rancheras Vegan Chicken Paella Baked Mac &amp; Cheese Garden Salad Bottled Water</p>
TUESDAY APR. 13	<p>Ham &amp; Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Taco-Seasoned Grilled Chicken Mexi-Rice Southwest Roasted Corn Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Chicken &amp; Ham Jambalaya Vegan Jambalaya Red Beans &amp; Rice Crispy Okra Garden Salad Bottled Water</p>
WEDNESDAY APR. 14	<p>Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Smoked BBQ Pork Red Beans &amp; Rice Fresh Collard Greens Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Butter Chicken Indian-Spiced Tofu Saute Potato Curry Cumin-Spiced Roasted Butternut Squash Garden Salad Bottled Water</p>
THURSDAY APR. 15	<p>Turkey &amp; Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Grilled Spicy Lemon Chicken Confetti Rice Seasoned Fresh Zucchini Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Carne Asada Old-Fashioned Mashed Potatoes Spicy Vegetable Gumbo Seasoned Steamed Green Beans Garden Salad Bottled Water</p>

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FRIDAY APR. 16	<p>Ham &amp; Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Grilled Herbed Orange Chicken Honey Orange Roasted Potatoes Lemon Broccoli Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Fish and Chips Spinach Lentil Fritters Green Beans Gremolada Baked Mac &amp; Cheese Garden Salad Bottled Water</p>
SATURDAY APR. 17	<p>Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Cajun Baked Chicken Cajun Rice Steamed Fresh Broccoli Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Chicken Alfredo Meatballs Steamed Vegetables Garlic Bread Garden Salad Bottled Water</p>
SUNDAY APR. 18	<p>Turkey &amp; Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Herb Baked Chicken Baked Potato Wedges Capri Blend Vegetables Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Chicken Parmesan Pasta Italian Vegetable Blend Garlic Bread Garden Salad Bottled Water</p>
MONDAY APR. 19	<p>Ham &amp; Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Beef Goulash Broccoli &amp; Cauliflower Hearty Mashed Potatoes Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>General Tso's Chicken Veggie Lo Mein Seasoned Rice Seasoned Steamed Green Beans Garden Salad Bottled Water</p>

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TUESDAY APR. 20	Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water	Jerk Chicken Roasted Sweet Potatoes Broccoli and Red Pepper Stir Fry Mix Baked Mac & Cheese Garden Salad Bottled Water	Herb Roasted Pork Loin Cilantro-Lime Brown Rice Yellow Summer Squash Baked Mac & Cheese Garden Salad Bottled Water
WEDNESDAY APR. 21	Turkey & Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water	Grilled BBQ Pork Chops Baked Potato Wedges Squash and Kale Stir-Fry Mix Baked Mac & Cheese Garden Salad Bottled Water	Asian Seared Chicken Jasmine Rice Vegetable Medley Baked Mac & Cheese Garden Salad Bottled Water
THURSDAY APR. 22	Ham & Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water	Butter Chicken California Blend Vegetables Seasoned Rice Baked Mac & Cheese Garden Salad Bottled Water	Country-Style Meatloaf Creamy Mashed Potatoes Ginger Honey Glazed Carrots Baked Mac & Cheese Garden Salad Bottled Water
FRIDAY APR. 23	Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water	Herb Baked Chicken Mashed Sweet Potatoes Seasoned Steamed Green Beans Baked Mac & Cheese Garden Salad Bottled Water	Pollock Bruschetta Brown Rice Garden Vegetables Baked Mac & Cheese Garden Salad Bottled Water

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SATURDAY APR. 24	Turkey & Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water	Grilled Chicken Bruschetta Saffron Rice Steamed Mixed Vegetables Baked Mac & Cheese Garden Salad Bottled Water	Chicken Alfredo Meatballs Steamed Vegetables Garlic Bread Garden Salad Bottled Water
SUNDAY APR. 25	Ham & Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water	Jerk Chicken Fried Garlic Yellow Rice Cut Green Beans Baked Mac & Cheese Garden Salad Bottled Water	Chicken Parmesan Pasta Italian Vegetable Blend Garlic Bread Garden Salad Bottled Water
MONDAY APR. 26	Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water	Montreal Chicken Tenders Mashed Sweet Potatoes Green Bean Mushroom Stir Fry Mix Baked Mac & Cheese Garden Salad Bottled Water	Beef Teriyaki Jasmine Rice Steamed Fresh Broccoli Veggie Lo Mein Garden Salad Bottled Water
TUESDAY APR. 27	Turkey & Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water	Beef & Broccoli Stir-Fry Seasoned Rice Sautéed Zucchini & Tomato Baked Mac & Cheese Garden Salad Bottled Water	Cajun Baked Chicken Scalloped Potatoes Glazed Carrots Baked Mac & Cheese Garden Salad Bottled Water

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WEDNESDAY APR. 28	<p>Ham &amp; Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Grilled Curry Chicken Confetti Rice Roasted Root Vegetables Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Beef Goulash Hearty Mashed Potatoes California Blend Vegetables Baked Mac &amp; Cheese Garden Salad Bottled Water</p>
THURSDAY APR. 29	<p>Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Spice-Rubbed Pork Loin Sofrito Black Beans &amp; Rice Steamed Yellow Squash Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>General Tso's Jerk Chicken Seasoned Rice Garden Vegetables Baked Mac &amp; Cheese Garden Salad Bottled Water</p>
FRIDAY APR. 30	<p>Turkey &amp; Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Grilled Montreal Chicken Patatas Bravas Fresh Whole Green Beans Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Crispy Pollock Fillet Confetti Rice Fresh Whole Green Beans Baked Mac &amp; Cheese Garden Salad Bottled Water</p>
SATURDAY MAY 1	<p>Ham &amp; Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Chipotle Orange Chicken Confetti Rice Garlic Broccoli Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Chicken Alfredo Meatballs Steamed Vegetables Garlic Bread Garden Salad Bottled Water</p>

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SUNDAY MAY 2	Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water	Cajun Baked Chicken Homestyle Mashed Potatoes Glazed Carrots Baled Mac & Cheese Garden Salad Bottled Water	Chicken Parmesan Pasta Italian Vegetable Blend Garlic Bread Garden Salad Bottled Water
MONDAY MAY 3	Turkey & Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water	Mesquite Chicken Mashed Sweet Potatoes Steamed Yellow Squash Baked Mac & Cheese Garden Salad Bottled Water	Hearty Beef Stew Seasoned Rice Broccoli & Cauliflower Baked Mac & Cheese Garden Salad Bottled Water
TUESDAY MAY 4	Ham & Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water	Grilled Chicken Bruschetta Yellow Rice Green Bean Mushroom Stir Fry Mix Baked Mac & Cheese Garden Salad Bottled Water	Chipotle Pork With Pineapple Salsa Roasted Potatoes Steamed Yellow Squash Baked Mac & Cheese Garden Salad Bottled Water
WEDNESDAY MAY 5	Italian Sub Variety Frito Lay Chips Pasta Salad Variety Pack Cookies Fruit Bottled Water	Seasoned Roast Beef Seasoned Fresh Zucchini Seasoned Rice Baked Mac & Cheese Garden Salad Bottled Water	Mesquite Chicken Creamy Mashed Potatoes Capri Blend Vegetables Baked Mac & Cheese Garden Salad Bottled Water

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THURSDAY MAY 6	<p>Turkey &amp; Cheddar Variety Frito Lay Chips Macaroni Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Asian Seared Chicken Basmati Rice Fresh Whole Green Beans Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Grilled BBQ Pork Chops Seasoned Rice Spicy Corn &amp; Tomatoes Baked Mac &amp; Cheese Garden Salad Bottled Water</p>
FRIDAY MAY 7	<p>Ham &amp; Swiss Variety Frito Lay Chips Potato Salad Variety Pack Cookies Fruit Bottled Water</p>	<p>Grilled Montreal Chicken Brown Rice Garlic Broccoli Baked Mac &amp; Cheese Garden Salad Bottled Water</p>	<p>Homestyle Fish Fillet Baked Potato Wedges Steamed yellow Squash Baked Mac &amp; Cheese Garden Salad Bottled Water</p>