

# USF Dining's Isolation Weekly Menu - St. Pete

## MENUS NOVEMBER 16TH-NOVEMBER 29TH

### MONDAY, NOVEMBER 16TH

#### BREAKFAST

French Toast • Bacon •  
Yogurt Parfait • Milk

#### LUNCH

Cajun Turkey Sandwich • Potato  
Chips • Whole Fruit • Cookies •  
Bottled Water

#### DINNER

Creole Shrimp & Sausage •  
Spicy Corn & Tomatoes •  
Dirty Rice • Garden Salad •  
Evening Snack • Bottled Water

### TUESDAY, NOVEMBER 17TH

#### BREAKFAST

Scrambled Eggs w/ Sausage •  
Grits • Fruit Cup • Bottled Water

#### LUNCH

Turkey & Cheddar Sandwich  
• Kettle Chip • Whole Fruit •  
Brownies • Bottled Water

#### DINNER

Chicken Parmesan • Whole Grain  
Penne • Roasted Green Beans •  
Garden Salad • Evening Snack •  
Bottled Water

### WEDNESDAY, NOVEMBER 18TH

#### BREAKFAST

Breakfast Burrito • Bacon •  
Oatmeal • Milk

#### LUNCH

Chicken Caesar Wrap •  
Corn Chips • Whole Fruit •  
Dessert Bar • Bottled Water

#### DINNER

Roasted Herb Turkey & Gravy •  
Green Bean Casserole •  
Old-Fashioned Mashed Potatoes  
• Caesar Salad • Evening Snack •  
Bottled Water

### THURSDAY, NOVEMBER 19TH

#### BREAKFAST

Bacon, Egg & Cheese Biscuit •  
Scone • Whole Fruit • Bottled  
Water

#### LUNCH

Grilled Chicken Cobb Salad •  
Pretzels • Whole Fruit • Cookies  
• Bottled Water

#### DINNER

Grill Lemon Salmon • Ratatouille  
• Savory Rice Pilaf •  
Garden Salad • Evening Snack •  
Bottled Water

MENUS ARE SUBJECT TO CHANGE

# USF Dining's Isolation Weekly Menu - St. Pete

## MENUS NOVEMBER 16TH-NOVEMBER 29TH

### FRIDAY, NOVEMBER 20TH

#### BREAKFAST

French Toast • Bacon •  
Fruit Cup • Bottled Water

#### LUNCH

Southwest Chicken Wrap •  
Potato Chips • Whole Fruit •  
Brownies • Bottled Water

#### DINNER

Roast Beef • Grilled Zucchini  
Squash • Delmonico Potatoes •  
Garden Salad • Evening Snack •  
Bottled Water

### SATURDAY, NOVEMBER 21ST

#### BREAKFAST

Biscuits & Gravy • Bacon •  
Whole Fruit • Bottled Water

#### LUNCH

Italian Style Sub • Kettle Chip  
• Whole Fruit • Dessert Bar •  
Bottled Water

#### DINNER

Roasted Pork Loin •  
Herb-Roasted Red Potatoes •  
Garlic Roasted Broccoli •  
Garden Salad • Evening Snack •  
Bottled Water

### SUNDAY, NOVEMBER 22ND

#### BREAKFAST

Scrambled Eggs w/ Bacon •  
Sausage • Cereal with Milk •  
Bottled Water

#### LUNCH

Ham & Swiss Sandwich •  
Corn Chips • Whole Fruit •  
Cookies • Bottled Water

#### DINNER

Hot Honey Fried Chicken •  
Buttered Corn on Cob •  
Garlic Mashed Sweet Potatoes •  
Caesar Salad • Evening Snack •  
Bottled Water

### MONDAY, NOVEMBER 23RD

#### BREAKFAST

Pancakes w/ Potatoes • Bacon •  
Yogurt Parfait • Milk

#### LUNCH

Cuban Sandwich • Potato  
Chips • Whole Fruit • Cookies •  
Bottled Water

#### DINNER

Roast Beef • Roasted Root  
Vegetables • Ginger Green  
Beans • Garden Salad •  
Evening Snack • Bottled Water

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# USF Dining's Isolation Weekly Menu - St. Pete

## MENUS NOVEMBER 16TH-NOVEMBER 29TH

### TUESDAY, NOVEMBER 24TH

#### BREAKFAST

Scrambled Eggs w/ Sausage •  
Grits • Fruit Cup • Bottled Water

#### LUNCH

Turkey & Cheddar Sandwich  
• Kettle Chip • Whole Fruit •  
Brownies • Bottled Water

#### DINNER

Butter Chicken • Aloo Gobi •  
Basmati Rice • Garden Salad •  
Evening Snack • Bottled Water

### WEDNESDAY, NOVEMBER 25TH

#### BREAKFAST

Breakfast Burrito • Bacon •  
Oatmeal • Milk

#### LUNCH

Chicken Caesar Wrap •  
Corn Chips • Whole Fruit •  
Dessert Bar • Bottled Water

#### DINNER

Jerk Roasted Pork Loin •  
Garlic Roasted Broccoli •  
Roasted Red Potatoes •  
Caesar Salad • Evening Snack •  
Bottled Water

### THURSDAY, NOVEMBER 26TH

#### BREAKFAST

Bacon, Egg & Cheese Biscuit •  
Scone • Whole Fruit •  
Bottled Water

#### LUNCH

Ham & Swiss • Pretzels •  
Whole Fruit • Cookies •  
Bottled Water

#### DINNER

Thanksgiving Dinner & Sides •  
Desserts • Garden Salad •  
Evening Snack • Bottled Water

### FRIDAY, NOVEMBER 27TH

#### BREAKFAST

Pancakes w/ Potatoes • Bacon •  
Fruit Cup • Bottled Water

#### LUNCH

Southwest Chicken Wrap •  
Potato Chips • Whole Fruit •  
Brownies • Bottled Water

#### DINNER

Shrimp Etouffee •  
Collard Greens with Bacon •  
Dirty Rice • Garden Salad •  
Evening Snack • Bottled Water

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# USF Dining's Isolation Weekly Menu - St. Pete

## MENUS NOVEMBER 16TH-NOVEMBER 29TH

### SATURDAY, NOVEMBER 28TH

#### BREAKFAST

Biscuits & Gravy • Bacon •  
Whole Fruit • Bottled Water

#### LUNCH

Ham & Cheese Sandwich •  
Kettle Chip • Whole Fruit •  
Dessert Bar • Bottled Water

#### DINNER

Chimichurri Beef Steak •  
Southwest Green Beans •  
Sweet Potato & Corn Hash •  
Garden Salad • Evening Snack •  
Bottled Water

### SUNDAY, NOVEMBER 29TH

#### BREAKFAST

Scrambled Eggs w/ Bacon •  
Sausage • Cereal with Milk •  
Bottled Water

#### LUNCH

Buffalo Tender Wrap •  
Corn Chips • Whole Fruit •  
Cookies • Bottled Water

#### DINNER

Apple Cranberry Pork •  
Garlic Roasted Broccoli •  
Mashed Potatoes • Caesar Salad  
• Evening Snack • Bottled Water

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