

# Faculty & Staff Meal Plans

— *Sarasota-Manatee* —



## PLAN BENEFITS



**USF Dining Rewards Green Status**



**Pay for your plan with PayPal or Payroll deduction**



**Can use at all 3 USF campuses**



**Faculty and Staff meal plans NEVER EXPIRE!**



**FREE health & wellness with USF Dining's Registered Dietitian**



**10% off purchases Monday through Friday**



**Skip the lines and order ahead through Grubhub**



**Around the clock options no matter what time of day you are on campus**

Food is a universal connector, USF Dining Faculty and Staff Meal Plans were established to foster and nourish the USF community experience. Nothing is as unifying as a shared meal!



**Sign up for your meal plan by visiting [www.usfdining.com](http://www.usfdining.com)**



**VIEW MEAL PLAN OPTIONS**

# Meal plan options

## Plans that work while you do!

USF Dining makes eating easy with a variety of meal plan choices for USF Faculty and Staff Members! All plans can be used at ALL three campuses, offering convenience, flexibility, and customization. Meal Swipes can be used at Food Lab and The Drop located on the first floor of Atala Hall for an entree and a beverage. Dining Dollars can be used at any retail location like Quick Eats, Food Lab, and The Drop.\*

### Gold Plan

**\$254**

5 payroll deductions of \$50.80

- 20 meal swipes plus 5 guest meal swipes
- \$50 Dining Dollars to use at any dining location, with 10% off Monday through Friday

**TOTAL SAVINGS GREATER THAN \$50!**

### Green Plan

**\$161**

5 payroll deductions of \$32.20

- 20 meal swipes
- \$25 Dining Dollars to use at any dining location, with 10% off Monday through Friday

**TOTAL SAVINGS GREATER THAN 35%**

### Rocky Plan

**\$96**

5 payroll deductions of \$19.20

- 10 meal swipes
- \$25 Dining Dollars to use at any dining location, with 10% off Monday through Friday

### Dining Dollar Plans\*\*

**\$300.00 | \$100.00**

- \$300 or \$100 Dining Dollars to use at any dining location
- 10% off all retail locations Monday-Friday

Add increments of \$25 Dining Dollars to your ID Card at any time on [usfdining.com](http://usfdining.com)

\*Tax included in prices \*\*Dining dollars only plans are not payroll deductible



Planning your next meeting or event? USF Catering is the perfect choice for any occasion.

We offer coffee breaks, boxed lunches, plated dinners and everything in between. USF Catering has your campus events covered.

- Options for every budget
- Custom menus
- Free delivery with setup and cleanup
- We provide plates, cups, silverware, ice, & more



Contact us today for your next campus event:  
[usfcatering.catertrax.com](http://usfcatering.catertrax.com)  
[sar-catering@usf.edu](mailto:sar-catering@usf.edu)

## FREE Dietitian Health & Wellness Consultations

- One-on-one nutrition counseling for general healthy eating, weight loss and medical nutrition counseling.
- Group presentations on any health

Contact Karina today to setup your FREE personal consultation.

**Karina Falcone, MS, RD, LD**

*Registered Dietitian*

[Falcone-Karina@aramark.com](mailto:Falcone-Karina@aramark.com)

**813-546-9298**

